



INDIAN SCHOOL NIZWA

ISNTF

Indian School Nizwa is all set to host the cultural fiesta, **ISNTF**. A gala of dance, music, art, IT & photography is scheduled for **9, 10 & 11 of September 2025 (Tuesday, Wednesday & Thursday)**.

Events at a Glance

DANCE EVENTS:

Indian Folk Dance (Group & Solo)
Contemporary Dance (Group & Solo)
Classical Dance (Group & Solo)
Western Dance (Solo)

MUSIC EVENTS:

Indian Light Vocal (Solo)
Instrumental Music (Solo)
Western Vocal (Solo)
Indian Folk Song (Group)

VISUAL ART & LITERARY EVENTS:

Rangoli (Group)
Painting (Solo)
Extempore (Solo)
Digital Photography (Solo)
Create an Ad (Group)

PERFORMING ART EVENTS:

Fancy Dress (Solo)
Mime (Group)

UTAR- Unique Talent Recognition

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GENERAL INSTRUCTIONS

- Performance **should not exceed** the given time. (Time will be recorded and '-5' penalty points will be given for every extra 10 seconds)
- The time starts as soon as the first action for the performance begins.
- The themes, costumes, choreography and make-up should be appropriate for school competitions and should respect the culture and traditions of the Sultanate of Oman and India.
- Only positive social themes can be presented. Care should be taken not to present any **religious/political/controversial** themes. Performances of any such type will not be allowed on stage.
- The actions of **smokers, drunkards, beggars or any such addicts** are not allowed.
- **Do not hurt the sentiments of any religion, culture or nationality.** Performances **ridiculing individuals or religious sentiments** are not allowed and will be disqualified.
- Change in any of the current rules/dates that may be incorporated at a later stage, will be intimated to the participants as and when required.
- If a participant does not report even after 3 calls, he/she/team will not be evaluated but can be allowed to perform if interested.
- Backdrops, stage settings, banners or oversized props would not be allowed, Curtains and event banner should not be hidden. Only props relevant to the event will be allowed (unless mentioned in the specific rules of that event). Violation of this might lead to disqualification. In case of any queries please contact the class teachers.
- **Organizers and judge's decision will be final and binding.**
- A student can register for a maximum of two **Solo** events and two **Group** events. However, each student can participate in total of up to **four** events only, excluding UTAR. **UTAR is a non-competitive event** and it is not included in this count.
- **"Grading system"** will be followed for all competitive events. (Grade- A+, Grade- A ,Grade- B).
- If an event (solo or group) **receives four or fewer registrations, First, Second, and Third positions will be awarded based on participants' scores.**
- If a student fails to submit the Registration form his/her name will not be included in the list.



- If the number of participants is exceeding in number, for a particular event, a school level screening will be conducted before the competition. Students who get selected in the screening will be intimated to participate in the competition.

SPECIFIC RULES

DANCE EVENTS:

1. Indian Folk Dance (Group & Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted **four minutes**.
- Minimum number of participants is **six** and maximum **eight. (Group)**
- The theme, costumes and make-up should be appropriate for school level competitions and respect the culture and traditions of Oman.
- Song and dance should be Indian traditional folk only. Any team's performing style that comes under ritual, tribal, classical and cinematic folk will be disqualified. **Film songs are not permitted.**

Judging Criteria (Out of 100 Marks)

- ✓ Rhythm & Synchronization
- ✓ Elements of Dance.
- ✓ Energy and stage coverage.
- ✓ Entry, Exit, Formation & Choreography
- ✓ Presentation and performance quality

2. Contemporary Dance (Group & Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Duration of performance should be maximum **four minutes**.
- Minimum number of participants is **six** and maximum **eight. (Group)**
- Participants are allowed to use properties which are suitable to their selected theme of dance.



- Participants with inappropriate costumes will not be permitted to perform on stage.
- Style of dance and song/music used should meet the following guidelines:
 - Contemporary dance does not permit the classical technique in favour of modern dances.
 - Contemporary dance is not necessarily narrative form of art.
 - Choreography relies on technique.
 - It permits multiple and simultaneous actions
 - Creative freedom is given
 - Music without lyrics is permitted.
- The theme, choreography, costumes and make-up should be appropriate for school competitions and respect the culture and traditions of Oman.

Judging Criteria (Out of 100 Marks):

- ✓ Rhythm & Synchronisation
- ✓ Elements of Dance
- ✓ Costumes & Accessories
- ✓ Entry, Exit & Choreography
- ✓ Presentation & Audience Appeal

3. Indian Classical Dance (Group & Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

✚ Rules:

Indian classical dance or *Shastriya Devesh* is an umbrella term for various performance arts rooted in musical theatre styles. Any of the Indian traditional classical dance styles can be performed by the participants.

- Duration of performance will be maximum **8 minutes**.
- Minimum number of participants is **six** and maximum **eight.(Group)**
- The theme, music, costumes and make-up should be of traditional style.
- **Audio for the Performance:** A USB or disk containing only the MP3 audio track for the performance, compatible with Windows Media Player or VLC, must be submitted to the event in-charge by the specified date. It should be properly labeled with the student's name and class.



Judging Criteria (Out of 100 Marks):

- ✓ Natya
- ✓ Nrithya
- ✓ Abhinaya
- ✓ Music
- ✓ Make-up, Costume & Accessories

4. Western Dance (Solo)

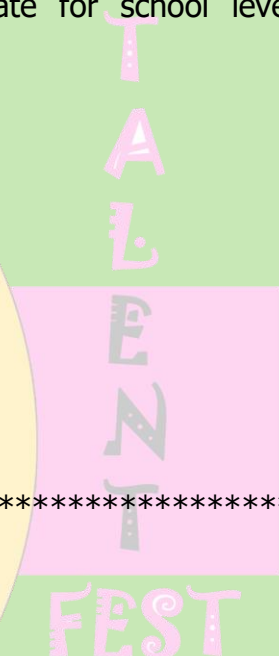
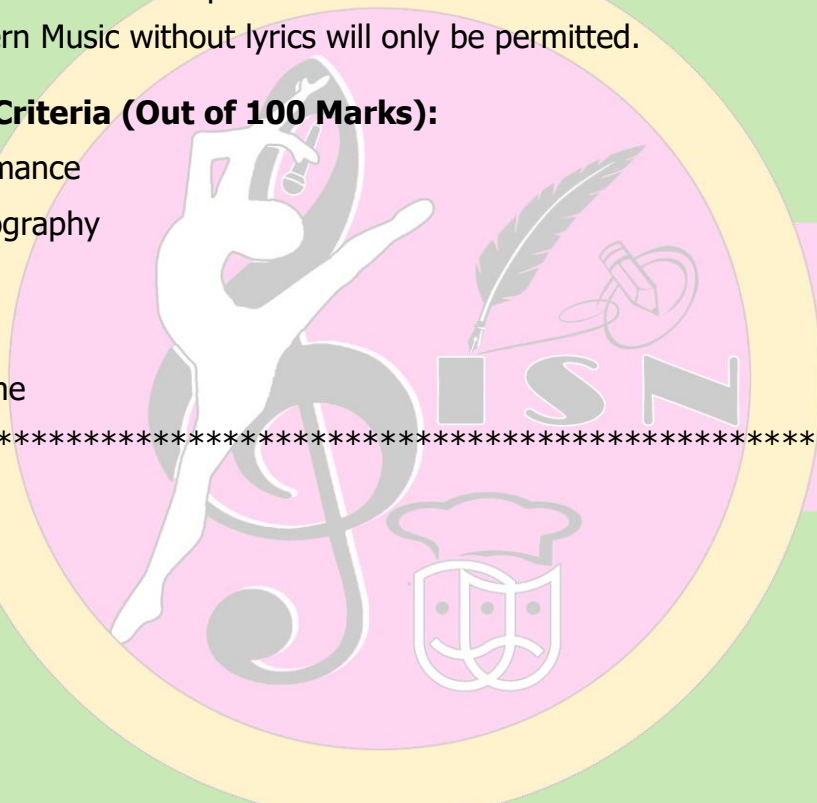
Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted **4 minutes**.
- The theme, costumes and make-up should be appropriate for school level competitions and respect the culture and traditions of Oman.
- Western Music without lyrics will only be permitted.

Judging Criteria (Out of 100 Marks):

- ✓ Performance
- ✓ Choreography
- ✓ Theme
- ✓ Music
- ✓ Costume





MUSIC EVENTS:

5. Indian Light Vocal (Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted is **3 minutes**.
Besides Shruti box or Tappura, number of accompanying instruments (optional) should not exceed two.
- **Note:** Shruthi box or Tappura used can be either electronic or manual.
- Pre-programmed accompaniments (on electronic keyboard etc.)/materials/music/MIDI files/MP3 files/Karaoke will NOT be allowed.
- Only the song rendition will be judged. Background music will not be a judgement criterion.
- Contestants should bring their own instruments.
- Lyrics should be in one Indian language only. **Note:** Film songs are not allowed.
- Lyrics should be pertaining to the standard of school level competitions.
- Classical songs are not allowed.

Judging Criteria (Out of 100 Marks):

- ✓ Choice of Song
- ✓ Pitch and Dynamics
- ✓ Voice Texture and Clarity
- ✓ Melody/ Rhythm
- ✓ Presentation





6. Instrumental Music (Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted is **3** minutes.
- No pre-recorded tunes to be played on key board.
- The name of the song or tune should be mentioned.
- Pre-programmed material such as USB drives / Floppy drives/ music / MIDI files / MP3 files / Karaoke will not be allowed.
- School will provide the keyboard. If the participants are participating with any other instrument, they should bring their personal instruments (E.g. Violin, Gitar, Harmonium etc.)

Judging Criteria (Out of 100 Marks):

- ✓ Choice of Piece
- ✓ Expression and Dynamics
- ✓ Technique
- ✓ Presentation
- ✓ Use of the keyboard's features

7. Western Vocal (Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted is **3 minutes**.
- Pre-programmed accompaniments (on electronic keyboard etc.)/materials/music/MIDI files/MP3 files/Karaoke will NOT be allowed.
- Only the song rendition will be judged. Background music will not be a judgement criterion.
- Lyrics should be only in English. **Note:** Film songs are not allowed.
- Lyrics should be appropriate for school-level competitions and must not contain any vulgar or inappropriate language.

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Judging Criteria (Out of 100 Marks):

- ✓ Choice of Song
- ✓ Pitch and Dynamics
- ✓ Voice Texture and Clarity
- ✓ Melody/ Rhythm
- ✓ Presentation

8. Indian Folk Song (Group)

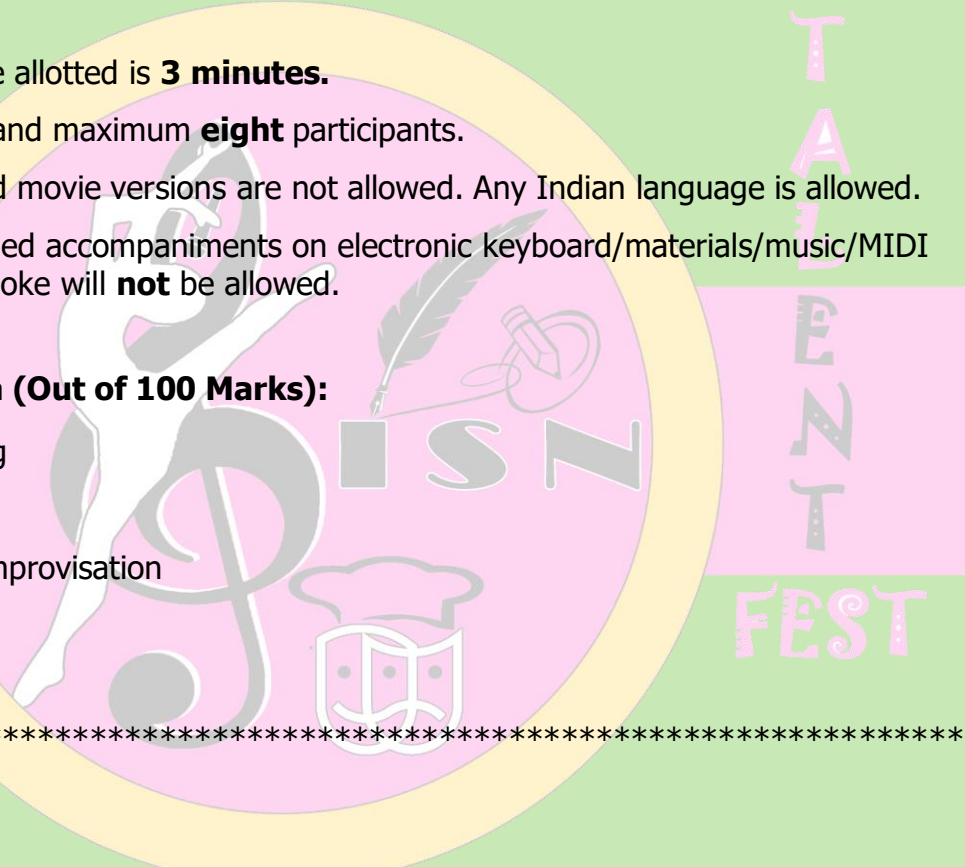
Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted is **3 minutes**.
- Minimum **six** and maximum **eight** participants.
- Film songs and movie versions are not allowed. Any Indian language is allowed.
- Pre-programmed accompaniments on electronic keyboard/materials/music/MIDI files/MP3/Karaoke will **not** be allowed.

Judging Criteria (Out of 100 Marks):

- ✓ Choice of Song
- ✓ Co-ordination
- ✓ Creativity & Improvisation
- ✓ Harmony
- ✓ Presentation





VISUAL ART & LITERARY EVENTS:

9. Rangoli (Group)

Group A- (V-VIII) & Group B- (IX-XII)

Theme: "Ctrl+Alt+Delete : Rebooting Society"

Create a Rangoli that illustrates what aspects of society students wish to reset, and what positive changes or values they would like to install in their place.

Rules:

- Duration to complete will be **2 hours** for Group-A and **3 hours** for Group-B.
- Minimum number of participants is **six** and maximum is **eight**.
- Floor decoration using **finely ground** powders only will be allowed.
- Materials such as scraped coconut, flower petals, paint etc. will **NOT** be allowed.
- Pre-drawn outline facility will be allotted. (The previous day of the program)
- Measurement of the outline will be informed to the participants after registration.

Judging criteria (Out of 100 marks)

- ✓ Presentation of theme
- ✓ Composition
- ✓ Color scheme
- ✓ Textural impact
- ✓ Overall impact

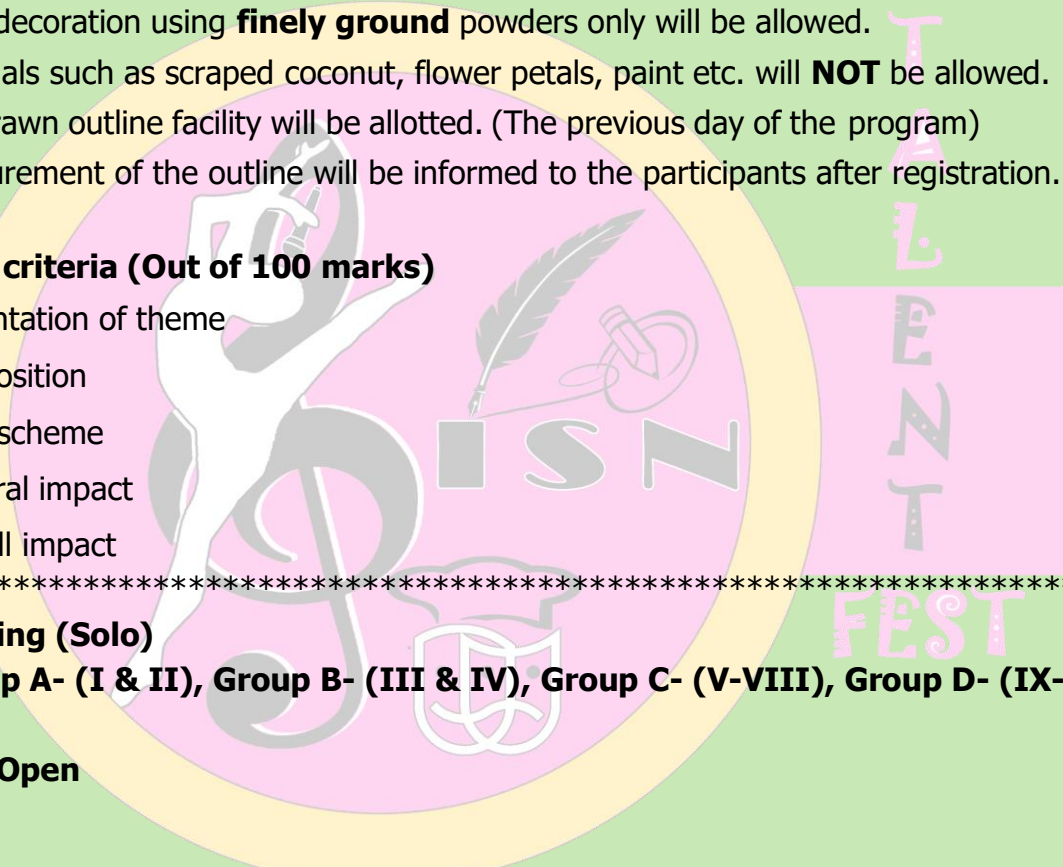
10. Painting (Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Theme: Open

Rules:

- Canvas size:
 - Group A: 20*20 cm**
 - Group B: 25*30 cm**
 - Group C: 40*50 cm**





Group D: 50*70 cm

- Students will have to bring their canvas. School will not be providing it.
- Art Materials: Water colour, acrylic, oil paints, colour pencils, crayons etc.
- It should be creative and attractive.
- The participant must adhere to the theme selected.

Judging Criteria (100 Marks):

- ✓ Presentation of the theme
- ✓ Composition
- ✓ Colour Scheme
- ✓ Creativity & Innovation
- ✓ Overall Impact

11. Extempore Speech in English (Solo)

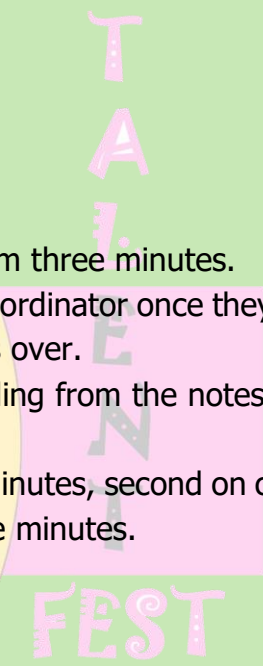
Group A- (V-VIII), Group B- (IX-XII)

✚ Rules:

- The participants will be given a topic at the venue.
- They will be given **30 seconds** to think on the topic.
- A participant should speak for minimum two minutes and maximum three minutes.
- Participants should deposit their electronic gadgets to the Event Coordinator once they enter the competition venue and will take them only after the competition is over.
- Participants may refer to the notes while speaking. However, reading from the notes will result in reduction of marks.
- **Timing Criteria:** First bell will be sounded on completion of two minutes, second on completion of two minutes thirty seconds and the third on completion of three minutes.

Judging Criteria (100 Marks):

- ✓ Speech Development
- ✓ Adherence to the Topic
- ✓ Proficiency in language
- ✓ Poise and Stage Presence
- ✓ Articulation





12. Digital Photography (Solo) Group A- (V-VIII) Group B- (IX-XII)

Theme: "Macro photography"

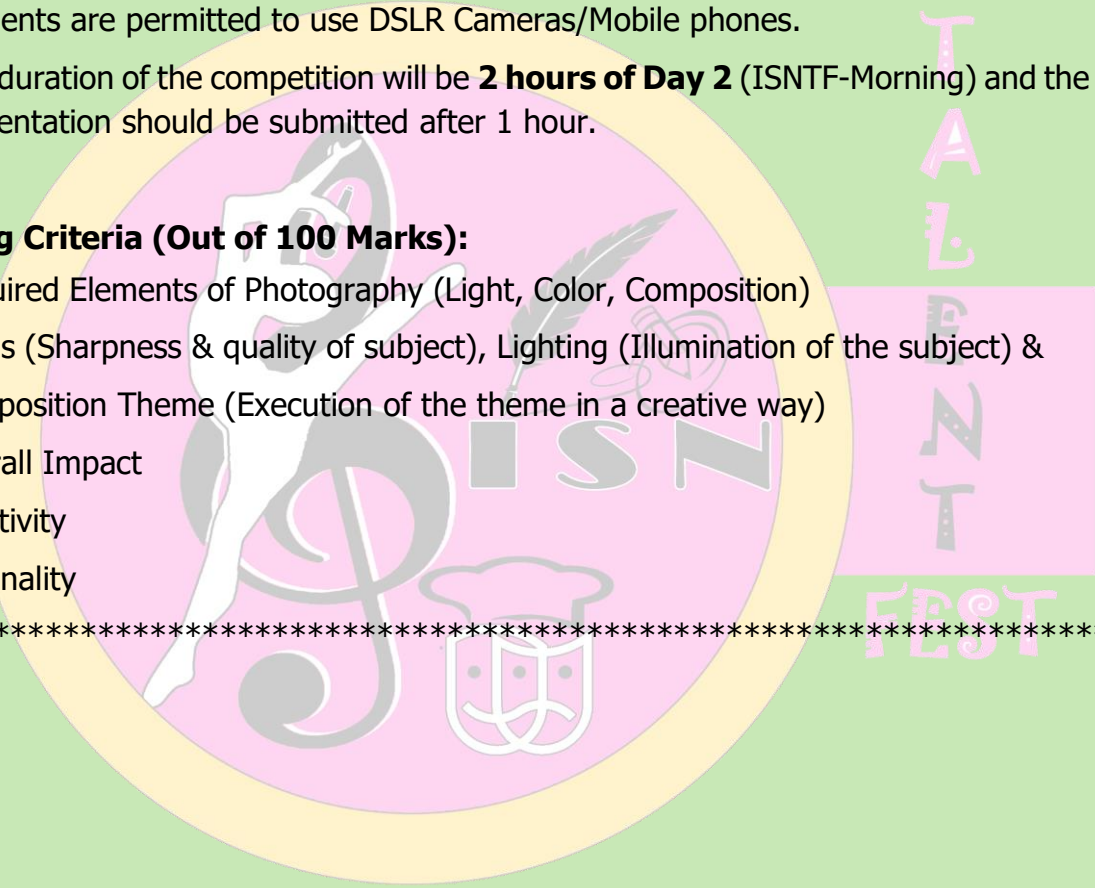
Close-up photographs where the size of the subject is life size or larger

Rules:

- Use of Photo editing/Album-making software is allowed.
- The presentation should contain 4 photographs.
- Photos should not be downloaded from the internet. Such an act will lead the participant to be disqualified.
- The entry should be in the form of power point presentation.
- Students are permitted to use DSLR Cameras/Mobile phones.
- The duration of the competition will be **2 hours of Day 2** (ISNTF-Morning) and the completed presentation should be submitted after 1 hour.

Judging Criteria (Out of 100 Marks):

- ✓ Required Elements of Photography (Light, Color, Composition)
- ✓ Focus (Sharpness & quality of subject), Lighting (Illumination of the subject) & Composition Theme (Execution of the theme in a creative way)
- ✓ Overall Impact
- ✓ Creativity
- ✓ Originality



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13. Create an 'Ad' (Group)

Group A- (V-VIII) Group B- (IX-XII)

Theme: 'Rebrand it !'

Pick an everyday object (like a pencil or stapler) and rebrand it in a cool luxurious or futuristic way.

Rules:

- Should be a short video of maximum **15-20 seconds**.
- Minimum number of participants is **four** and maximum is **six**.
- **Originality:** The work should be original. (Should not be an 'Ad' already in use in the industry)
- The team can use video camera, animation software, PowerPoint presentation etc. for the creation of their advertisement.
- Care should be taken not to project any unethical scenes. (Footers such as 'Statutory Warning', 'Creative Animation' etc. if any needed should be given as in any standard advertisement.)
- **Standard:** The theme, dialogues, animations, costumes and make-up should be appropriate for school level competitions and respect the culture and traditions of Oman.
- The school will **not** provide cameras, software, computer, other gadgets etc. to the participants.
- The duration of the competition will be 1 working day from 8:00 am to 11:00 am of **Day 2 (morning)** and the completed video should be submitted by the next day **Day 3**.
- Students are permitted to use mobile phones for shooting the 'Ad'.

Judging Criteria (Out of 100 Marks)

- ✓ Concept
- ✓ Editing
- ✓ Creativity
- ✓ Presentation (quality of video, animation, lighting)
- ✓ Customer Persuasion



PERFORMING ART EVENTS:

14. Fancy Dress (Solo)

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

Rules:

- Maximum time allotted for the performance is up to one minute.
- Monologues / dialogues, audio / video etc. is not allowed.
- Participant should directly enter the stage without any support from a second person.
- Do not use explosive, sharp items, banners and backdrops etc. as props.
- Large sized heavy props or stage settings will also not be allowed.
- No religious deity to be enacted and do not hurt the sentiments of any religion, culture or nationality.
- Enacting smokers, drunkards, beggars or any such negative acts / dress are not allowed.

Judging Criteria (Out of 100 Marks):

- ✓ Costume
- ✓ Expression & Gesture
- ✓ Confidence
- ✓ Creativity
- ✓ Overall appeal

15. Mime (Group)

Group A- (V-VIII) & Group B- (IX-XII)

Rules:

- **Theme:** Open theme.
- Maximum time allotted **4 minutes**.
- No lip movement will be allowed.
- Relevant props and placards are allowed.
- Minimum number of participants is **six** and maximum **eight**. Background music is allowed.

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- The idea should be conveyed through expressions and performance only.
- Do not use songs or recorded dialogues in the background.
- Theme and brief description of the mime should be given before the performance.

Judging Criteria (Out of 100 Marks)

- ✓ Execution of theme
- ✓ Direction
- ✓ Action/miming
- ✓ Synchronization & Coordination
- ✓ Music, Make-up & Costume

16. UTAR: Unique Talent Recognition

Group A- (I & II), Group B- (III & IV), Group C- (V-VIII), Group D- (IX-XII)

UTAR is a talent show. It is a non-competitive event. The participating students should have the responsibility of delving deep and bringing out their UNIQUE hidden talents. Thus, paving the way of UTAR. (Eg: Rubik's cube, mimicry, monoact, stand up comedy etc.)
The following rules apply for the same.

Rules:

- The Unique Talent show is a solo event.
- Any talent that is **unique** in nature which the student has practiced over the time can be considered a Unique Talent.
- The maximum time limit to showcase a talent: **4 minutes**
- A selection round will be conducted to identify the best talents.
- The best performances after an internal screening will be given an opportunity to perform on stage.

For registration, please click the link or copy the link to a new browser window

<https://forms.gle/dGUBKo8WZFKQFiws5>

THANK YOU